

BROOKDALE BULLETIN

Brookdale Primary School's Weekly Newsletter

Online Safety

With platforms such as YouTube, Facebook, TikTok and Twitch all offering routes to a vast online audience, young people have enthusiastically taken up the baton – streaming on subjects from gaming to sports to live shopping (yes, really!). Potentially having strangers among one's viewers, though, is just one of many concerns. [This guide](#) has the key information.



Golden Table Awards

- F2 - Sofia Johnson
- Year 1 – Sebastian Farrington
- Year 2 – Erin Smith
- Year 3 – Eliza Lonsdale
- Year 4 – Daniel Allen
- Year 5 – Myles Griffiths
- Year 6 – Olivia Barnes



Stars of the Week

- Pre School - Jonny Bryson
- F2 - Kit Almond
- Year 1 - Arthur Robinson
- Year 2 - Marcus Gray
- Year 3 - Ollie James
- Year 4 - Henry Allen
- Year 5 - Lily Duncan
- Year 6 - Nathan Donald



Attendance



Good attendance at school is very important. If you are not here, you can't learn! We always aim to have an attendance percentage of 100%! The table below shows you the attendance percentage this week:

F2	99.7
Year 1	95.7
Year 2	98
Year 3	92.7
Year 4	97.9
Year 5	98.4
Year 6	97.4
Whole School	97.1

School Values and Growth Mindset Awards

- Pre School - Joshua Fisher
- F2 - Chester Nelson
- Year 1 - Ava Maddocks
- Year 2 - Ella Quirk
- Year 3 - Hugo Dean
- Year 4 - Isabelle Edwards
- Year 5 - Ned Jones
- Year 6 - Jasmine Cullen



Next School Week

Wednesday 29th November

- Tranmere Inspire - Futsal Event - 1pm to 3pm

Friday 1st December

- Non Uniform Day in return for bottles for the Christmas Fair
- Celebration assembly - 2:35 pm
Parents of children who have been notified that they are receiving awards are invited to attend

BPS Vision Statement

'Inspiring, engaging and nurturing our children to achieve and flourish as citizens of today and the future.'

BROOKDALE BULLETIN

Brookdale Primary School's Weekly Newsletter

Year 6 - Future Entrepreneurs!

Our fantastic Year 6 family worked so hard this week to organise an enterprise event to entertain the whole school. The children were given £1 and plenty of time to work in groups to come up with an imaginative idea to turn the single £1 into lots more, raising money for their end of year celebrations in July! The rest of the school were invited to come along to the event and enjoy (for a small fee) the variety of activities the Year 6 children had devised. The children raised a fantastic £204.89, had a wonderful time and would like to thank everyone who supported the event.



PE KITS

We would be extremely grateful if you could ensure that your child has their PE kit in school each week. This should include:

- ⇒ Plain navy / black shorts (no logos)
- ⇒ Plain white t-shirt (no logos)
- ⇒ Black PE pumps (trainers may be worn for outdoor games)
- ⇒ A plain black or navy tracksuit for outdoor games in cold weather (no logos)

Thank you for your support!



BROOKDALE BULLETIN

Brookdale Primary School's Weekly Newsletter

Family Learning 23-24



FREE, fun and creatively-themed courses and workshops designed to help explore and promote positive wellbeing during busy family lives! **

01- Get Creative through art Activities such as drawing, painting, sculpting, assembling, are relaxing and rewarding activities that can lower your stress levels and leave you feeling mentally clear and calm.

02- Get creative with your words! Boost your enjoyment and confidence in reading and writing. Writing creatively can be a therapeutic tool, as well as building a culture of reading for pleasure.

03- Get creative through the kitchen - Planning, prepping, and exploring food combinations in a fun and practical way that benefits your family's health!

04- Cook and Taste Course (P/C) - Learn how to make healthy affordable recipes and gain knowledge around 5 a day, food labelling and food safety. Involves practical preparation of the recipes with interactive food related activities for parents and children.

05- Food and Mood Workshop (P) - Identify how food can affect your mood. From ideas on healthy breakfast choices, identifying what is a portion of fruit and vegetables and looking at MINDS 8 tips on food and mood.

06- Positive Emotional Wellbeing Workshop (P) - Learn and discuss the 5 Ways to Wellbeing along with tips on how to get a better night sleep and relaxation techniques

07- Healthier Packed Lunches Workshop (P) - Explore ideas on how to make your child's lunch box healthier, tasty and affordable.

08- 5 a Day the Easy Way Workshop (P) - Find out what exactly is a portion of fruit and vegetables and how easy it is to include it in your daily diet.

Line Print (P/C) - Designs cut in line to create a variety of prints and stamps
Batik (P/C) - Working with wax resist and inks
Clay (P/C) - Creating 2d reliefs and 3d sculptures
Silk painting (P/C) - Painting on fine material to create delicate and transparent designs
Mixed media (P/C) - Creating a variety of designs using a range of different media and techniques such as papers, ink and stitch.
Glass painting (P/C) - creating colourful designs on transparent surfaces

**** 'P' denotes parent only session, 'P/C' denotes parent and child session**

Family Learning 23-24

*****'P' denotes parent only session, 'P/C' denotes parent and child session**

02- Get creative with your words! Boost your enjoyment and confidence in reading and writing. Writing creatively can be a therapeutic tool, as well as building a culture of reading for pleasure.

Creative Writing (P) - Designed to build confidence to express yourself creatively in writing. Use this time and safe space to play with your words, explore the impact and meaning of writing creatively using taught techniques

Poetry for Wellbeing Workshop (P) - Explore existing poems, and create poems of our own, in a safe taught space.

Stress Busters (P) - Understand good and bad stress, recognising symptoms and triggers of stress

The Road to Resilience(P) - Raise your awareness of resilience and learn how to identify, cope and manage pressure points in your life challenges that life presents us with.

The Importance of Sleep Workshop (P) - Equip yourself with tools and resources to improve your sleep habits

Introduction to Managing Anxiety (P) - Examine the relationship between stress and anxiety, practicing a range of practical ideas and strategies to manage anxiety.

Confidence and Wellbeing Course (P) - Explore and set personal goals around gaining confidence in the areas that are important to you, including recognising and managing stress and anxiety.

Surviving the Modern World Course (P) - Explore the 5 ways to wellbeing in 5 sessions in current context of family life.

Reading Stories with your Child (P/C)
Sharing Stories (P/C)
Reading for Pleasure (P/C)

Creative Writing and Journaling for Wellbeing Course (P/C) - Combine writing, telling our own story, and building confidence. Families make their own journal using bookmarking techniques and creative techniques to make a personal keepake.

03- Get creative through the kitchen - Planning, prepping, and exploring food combinations in a fun and practical way that benefits your family's health!

Cook and Taste Course (P/C) - Learn how to make healthy affordable recipes and gain knowledge around 5 a day, food labelling and food safety. Involves practical preparation of the recipes with interactive food related activities for parents and children.

Food and Mood Workshop (P) - Identify how food can affect your mood. From ideas on healthy breakfast choices, identifying what is a portion of fruit and vegetables and looking at MINDS 8 tips on food and mood.

Positive Emotional Wellbeing Workshop (P) - Learn and discuss the 5 Ways to Wellbeing along with tips on how to get a better night sleep and relaxation techniques

Healthier Packed Lunches Workshop (P) - Explore ideas on how to make your child's lunch box healthier, tasty and affordable.

5 a Day the Easy Way Workshop (P) - Find out what exactly is a portion of fruit and vegetables and how easy it is to include it in your daily diet.

Contact Us

0151 666 3330
 @lifelonglearning@wirral.gov.uk
 www.wirral.gov.uk/schools-and-learning/adult-learning



Scratch Nativity Service

Sunday 17th December 2023 @ St John's Church Frankby

Join us at 10am
Fun for all the family
Refreshments after the service



CHRISTINGLE SERVICE

SAT DECEMBER 23rd @ 4pm

Decorate your own oranges with sweets.
 Fun for all the family

St John's Church Frankby

BROOKDALE BISTRO

Lunchtime Menu for Week Beginning Monday 27th November

Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option pasta bar Various pasta sauces served with pasta and toppings with crusty bread and peas. Or Jacket Potato & Filling Or Deli Option Design your own to include wrap, boston or sliced bread filled with your selection from ham, turkey, tuna, egg, or cheese plus a choice of salad. And Dessert Ice Cream Or Fresh fruit, yogurt, or cheese & crackers And A Drink Blackcurrant or orange juice, milk or water	Hot Option Meatballs Fresh mince Beef or Quorn meatballs in a tomato & herb sauce served with pasta & broccoli. Or Jacket Potato & Filling Or Deli Option Design your own to include wrap, boston or sliced bread filled with your selection from ham, turkey, tuna, egg, or cheese plus a choice of salad. And Dessert Conchiglie Cake Or Fresh fruit, yogurt, or cheese & crackers And A Drink Blackcurrant or orange juice, milk or water	Hot Option BBQ Chicken Cheese from either a chicken or Quorn fillet topped with BBQ sauce and served with rice & sweetcorn. Or Jacket Potato & Filling Or Deli Option Design your own to include wrap, boston or sliced bread filled with your selection from ham, turkey, tuna, egg, or cheese plus a choice of salad. And Dessert Chocolate Cookies Or Fresh fruit, yogurt, or cheese & crackers And A Drink Blackcurrant or orange juice, milk or water	Hot Option Roast Turkey Dinner Or Quorn Dinner Or Jacket Potato & Filling Or Deli Option Design your own to include wrap, boston or sliced bread filled with your selection from ham, turkey, tuna, egg, or cheese plus a choice of salad. And Dessert Muffins Or Fresh fruit, yogurt, or cheese & crackers And A Drink Blackcurrant or orange juice, milk or water	Hot Option Battered Cod Fillet Or Vegetable Nuggets Served with chips, peas, or baked beans. Or Jacket Potato & Filling Or Deli Option Design your own to include wrap, boston or sliced bread filled with your selection from ham, turkey, tuna, egg, or cheese plus a choice of salad. And Dessert Jelly & Cream Or Fresh fruit, yogurt, or cheese & crackers And A Drink Blackcurrant or orange juice, milk or water

[Click here to go to our website for the full 3-week menu](#)