



PE Policy

Why

At Brookdale Primary School the curriculum is designed to **include, inspire, engage and nurture** our children to achieve and flourish as citizens of today and the future; encouraging children of all ages to think deeply about the past, present and future of our community and the wider world.

We believe that teaching and learning in PE inspires all children to succeed in physically-demanding activities. It provides opportunities for pupils to become physically confident and promote a healthy lifestyle. The purpose of PE education is to develop physical and social skills through a range of exciting opportunities both in lessons and extra-curricular activities. Our inspiring and engaging PE curriculum engages children in activities where they have a growing understanding of a range of sports.

How

Our PE curriculum **includes, inspires, engages and nurtures** our children's interest in and enjoyment of PE through opportunities to

- promote a healthy, active lifestyle through the physical activity opportunities offered.
- be introduced to a wide range of sports across the curriculum.
- improve their physical literacy.
- pass the national curriculum requirements for swimming.
- attend residential trips and participate in Outdoor and Adventurous activities.

EYFS –

In the Early Years Foundation Stage (EYFS), it is our intention to relate the children's physical development to the objectives set out in the Early Learning Goals which underpin the curriculum planning. The children's learning includes the development of gross and fine motor skills, coordination and control in small and large movements and are given opportunities to use and handle games equipment. We provide a rich environment in which physical exercise is promoted through continual access to the outdoor area, with opportunities for active and large scale play. The children are given the opportunity to work individually and collaboratively with others through planned activities linked to the whole curriculum as well as the Edsential scheme for F2.

Years 1 to 6 - follow the National Curriculum for PE 2014

- Units of work from the Edsential scheme give the children the opportunity to participate in a range of activities.
- Children are taught through a mixture of whole-class, group and individual activities, ensuring that tasks are suitable for pupils' abilities.
- Pupils are encouraged to evaluate their own, and others, performance to know how to improve their skills.
- PE lessons help children to learn and improve upon their skills in a variety of environments, with different challenges based on the area of focus.
- Knowledge Organisers for each year group set out specific vocabulary that will be visited in each unit and can be revisited regularly for embedding and retrieving knowledge.
- Children are introduced to a range of activities that help develop their social and physical abilities.
- Activities provide opportunities for children to share ideas, knowledge and approaches in their own performances and that of other children, and to say what they think or feel about them.
- Children are taught about hazards, risks and controls which may be encountered when using sporting equipment and apparatus. Assessment of risk is made before and during lessons by the adult(s) taking a lesson and children are encouraged to manage their environment to ensure health and safety to themselves and others.
- The use of technology may be used to enhance teaching of PE and when learning about the correct techniques needed for specific sports. Visual information may be collected using digital cameras and ipads in order for children to develop their ideas or keep a record of them. Observations can be revisited and improved upon in future lessons.
- During KS2 children are provided with swimming instruction. This allows children to learn to swim competently, confidently and proficiently. They will be able to use a range of strokes effectively and perform safe self-rescue.
- In Y4 and Y6, children have the opportunity to go on a class residential trip and take part in a variety of outdoor adventurous activities.
- Yoga is provided to children in KS1 and KS2, as an enhancement opportunity, to increase participation alongside the regular curriculum.
- Specific skills and techniques experienced in different year groups are outlined in the PE Progression Map.

What

- Children know more and remember more as they progress through school.
- Children have built up knowledge and skills they can talk about and demonstrate.
- Children are able to talk about key vocabulary and learning from subject Knowledge Organisers.
- Children are able to assess and evaluate their own and others' performance, helping them appreciate how they can improve their own skills and consider targets they would set themselves

in the future.

- Children's performances can be assessed through photographic evidence and peer and teacher observations. They are used to help inform teacher judgements at the end of the academic year (see assessment policy).
- Progress, achievement and effort in PE are passed on to parents and carers at open evenings and in the annual report.
- Through ongoing monitoring, pupil and teacher voice as part of our bespoke "Deep Dive" process the subject leadership team can report on standards in PE across the school to the governing body.

