

BROOKDALE BULLETIN

Brookdale Primary School's Weekly Newsletter

Online Safety

For children and young people, low-quality sleep can become a serious issue: poor sleep can have a significant impact on children's brain development, affecting them for the rest of their lives.

With the stresses and distractions that can present themselves to youngsters, it can be tricky to ensure they're in the best mindset to wind down in the evenings. [This guide](#) has some practical tips on helping them to achieve exactly that.



Golden Table Awards

F2 - Apollo Bynoe

Year 1 - Sebastian Williams

Year 2 - Ella Quirk

Year 3 - Ava Bristow

Year 4 - Jacob Humphreys

Year 5 - Lily Duncan

Year 6 - Denny O'Leary



Stars of the Week

Pre School - Jacob Williams

F2 - Oliver Barwise

Year 1 - Brodie Nelson

Year 2 - Freddie Bailey

Year 3 - Ava Bristow

Year 4 - No award this week as swimming

Year 5 - Austin Smith

Year 6 - Jasmine Cullen



School Values and Growth Mindset Awards

Pre School - Orla Howard

F2 - Apollo Bynoe

Year 1 - Alexandra Spall

Year 2 - Erin Smith

Year 3 - Nathaniel Atkinson

Year 4 - No award this week as swimming

Year 5 - Maya Hesketh

Year 6 - Ted Allen



Attendance



Good attendance at school is very important. If you are not here, you can't learn! We always aim to have an attendance percentage of 100%!

The table below shows you the attendance percentage this week:

F2	96.8
Year 1	97.3
Year 2	93.6
Year 3	96.1
Year 4	94.1
Year 5	99.4
Year 6	93.9
Whole School	95.9

Next School Week

Monday 18th March

- Edsential Dance Club - 3.15pm - 4.15pm

Tuesday 19th March

- Year 5 & 6 Football Club - 3.15 pm - 4.15pm

Thursday 21st March

- Year 4 Visit to Chester Zoo
- Year 5 & 6 Tag Rugby World Cup Event - 4.00pm - 5.30pm - Birkenhead Park Football Club

Friday 22nd March

- NON UNIFORM DAY - In return for Easter Egg donations for PTA Tombola
- Celebration assembly - 2:35 pm
Parents of children who have been notified that they are receiving awards are invited.
- PTA Easter Event - 3.15pm

BPS Vision Statement

'Inspiring, engaging and nurturing our children to achieve and flourish as citizens of today and the future.'

BROOKDALE BULLETIN

Brookdale Primary School's Weekly Newsletter

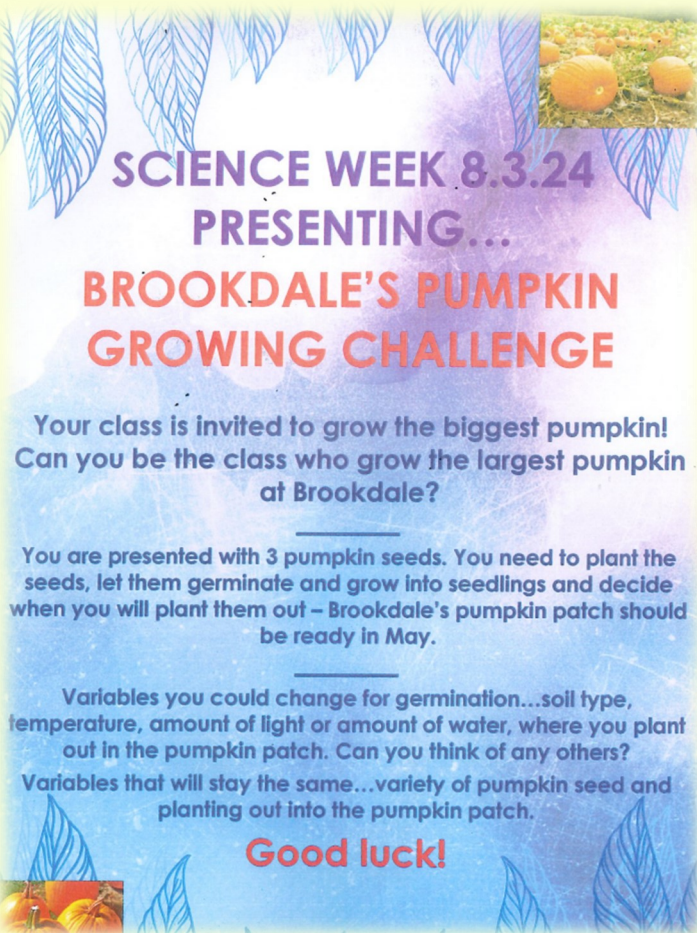
Activity For All

On Tuesday, a group of Year 3/4 children spent the morning at Activity for All taking part in a range of team building activities. They had to work together to complete a series of challenges: one activity included getting from one end of the hall to the other without touching the floor! The children were, as always, fantastic representatives of our school, showing respect and excellent team work at all times and enjoying a great morning as well. Thank you to Miss Cook for organising the event and well done, #teamBrookdale!



Science Week

This week was [British Science Week](#) and on Monday, this note arrived in every classroom from Mrs Gray, our school Science Leader. We will keep you updated on the progress of our pumpkin competition and announce the winners in the Autumn term! Thank you Mrs Gray for organising this for us to enjoy!



SCIENCE WEEK 8.3.24
PRESENTING...
BROOKDALE'S PUMPKIN GROWING CHALLENGE

Your class is invited to grow the biggest pumpkin!
 Can you be the class who grow the largest pumpkin at Brookdale?

You are presented with 3 pumpkin seeds. You need to plant the seeds, let them germinate and grow into seedlings and decide when you will plant them out – Brookdale's pumpkin patch should be ready in May.

Variables you could change for germination...soil type, temperature, amount of light or amount of water, where you plant out in the pumpkin patch. Can you think of any others?

Variables that will stay the same...variety of pumpkin seed and planting out into the pumpkin patch.

Good luck!

BROOKDALE BULLETIN

Brookdale Primary School's Weekly Newsletter

Comic Relief

We enjoyed a great day today for Comic Relief and raised over £250—thank you for all your efforts! As promised, here's a staff *Guess Who?!* for you to have a go at. **Answers on the next page so don't peek!**

DEVELOP THRU SPORT HAF EASTER CAMP

FSM Funded spaces available for children in school years 2-11, spaces also available at £20 per day for any non FSM children.

Three Locations to choose from:

<p>Fulfill Hub 143 Ford Road, Upton CH49 0XB Dates: 9/10/11/12 April</p>	<p>New Brighton Rugby Club Reeds Lane, Leasowe CH46 3RH Dates: 2/3/4/5 April</p>	<p>Hoylake Rugby Club Carham Road Hoylake CH47 4FF Dates: 8/9/10/11 April</p>
--	--	---

10am-2pm at all venues.

To register your child:
Click the link attached.
Contact us on
info@devthrusport.co.uk
07525 418449

- Activities
- Football
- Dodgeball
- Athletics
- Tag Rugby
- Dance
- Arts & Crafts
- Soft Cricket
- Tennis

HOLIDAY ACTIVITIES with FOOD

Easter holiday club!

<p>Half day £8 9am - 1pm or 12.30-4.30pm</p>	<p>Lunch and healthy snacks included</p>
<p>Full day £15 9-4.30pm</p>	<p>Subsidised places if you receive free school meals</p>
<p>8-12s</p>	

Book: linktr.ee/TheHiveYZ

Tuesday 2nd April - Friday 5th April*

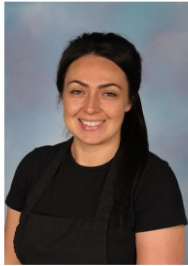
*Half day holiday club am only on Wednesday 3rd April, with option to stay for open juniors session 1-6pm

An OnSide Youth Zone

BROOKDALE BULLETIN

Brookdale Primary School's Weekly Newsletter

How did you do?



BROOKDALE BISTRO

Lunchtime Menu for Week Beginning Monday 18th March

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Hot Option Pizza Choose from either cheese and tomato or pepperoni served with potato wedges and sweetcorn. Or Jacket Potato & Filling Or Deli Option Design your own to include wrap, batin or sliced bread filled with your selection from ham, turkey, tuna, egg, or cheese plus a choice of salad.</p> <p>And</p> <p>Dessert Mousse Or Fresh fruit, yogurt or cheese & crackers</p> <p>And A Drink Blackcurrant or orange juice, milk or water</p>	<p>Hot Option Creamy chicken curry Or Creamy Quorn curry Both served with green beans, rice and Naan bread. Or Jacket Potato & Filling Or Deli Option Design your own to include wrap, batin or sliced bread filled with your selection from ham, turkey, tuna, egg, or cheese plus a choice of salad.</p> <p>And</p> <p>Dessert Ginger Biscuits Or Fresh fruit, yogurt or cheese & crackers</p> <p>And A Drink Blackcurrant or orange juice, milk or water</p>	<p>Hot Option Fresh Butcher's Beef Burger Or Veggie Burger served in a bun with corn on the cob & potato wedges Or Jacket Potato & Filling Or Deli Option Design your own to include wrap, batin or sliced bread filled with your selection from ham, turkey, tuna, egg, or cheese plus a choice of salad.</p> <p>And</p> <p>Dessert Melting Moments Or Fresh fruit, yogurt or cheese & crackers</p> <p>And A Drink Blackcurrant or orange juice, milk or water</p>	<p>Hot Option Roast Turkey Dinner Or Quorn Dinner Or Jacket Potato & Filling Or Deli Option Design your own to include wrap, batin or sliced bread filled with your selection from ham, turkey, tuna, egg, or cheese plus a choice of salad.</p> <p>And</p> <p>Dessert Chocolate Brownie Or Fresh fruit, yogurt or cheese & crackers</p> <p>And A Drink Blackcurrant or orange juice, milk or water</p>	<p>Hot Option Breaded Cod Fillet Or Vegetable Nuggets Served with chips, peas, or baked beans. Jacket Potato & Filling Or Deli Option Design your own to include wrap, batin or sliced bread filled with your selection from ham, turkey, tuna, egg, or cheese plus a choice of salad.</p> <p>And</p> <p>Dessert Iced Vanilla Sponge Cakes Or Fresh fruit, yogurt or cheese & crackers</p> <p>And A Drink Blackcurrant or orange juice, milk or water</p>

[Click here to go to our website for the full 3-week menu](#)