

BROOKDALE BULLETIN

Brookdale Primary School's Weekly Newsletter

BeReal.

Online Safety

BeReal is the latest trending social media app. The concept is that people see others in their authentic day-to-day lives, sharing candid photos without editing or applying filters. Each day at a random time, users are simultaneously notified to take a photo of what they're doing at that exact moment. BeReal shares two pictures: a selfie, and an image of the immediate surroundings. In [this guide](#), you'll find tips on a number of potential risks such as strangers, location sharing and visible personal data.

Golden Table Awards

F2 - Matilda Woods

Year 1 - Cecily Black

Year 2 - Evie Atkinson

Year 3 - Jack Ault

Year 4 - Ben Wall

Year 5 - Maria Hanlon

Year 6 - Jenson Roylance



Stars of the Week

F2 - Emily Frost

Year 1 - Will Cookson

Year 2 - Evie Atkinson

Year 3 - Henry Allen

Year 4 - Bill Todd

Year 5 - Tilly Green

Year 6 - Oliver Clement



Values and Growth Mindset Award Winners

F2 - Isaac Dickaty

Year 1 - Isobel Reid

Year 2 - Charlie Jones

Year 3 - Jacob Humphreys

Year 4 - Austin Smith

Year 5 - Forde Bynoe

Year 6 - Rose Gough



ATTENDANCE MATTERS

Attendance

Good attendance at school is very important. If you are not here, you can't learn! We aim to have an attendance percentage of 98% or above.

The table below shows you the attendance percentage this week:

F2	97.0%
Year 1	97.0%
Year 2	98.7%
Year 3	96.2%
Year 4	95.0%
Year 5	94.2%
Year 6	94.9%
Whole School	96.1%

Next School Week

Monday 10th October

- Parent's Evening

Tuesday 11th October

- Parent's Evening
- KS2 Basketball Club
3:30—4:30pm

Wednesday 12th October

- Parent's Evening
- Cross Country Club Y5/Y6
3:15—4:15pm

Friday 14th October

- Celebration Assembly — 2:35pm

Parent's of children who have been notified that they are receiving awards are invited to attend.

BPS Vision Statement

'Inspiring, engaging and nurturing our children to achieve and flourish as citizens of today and the future.'

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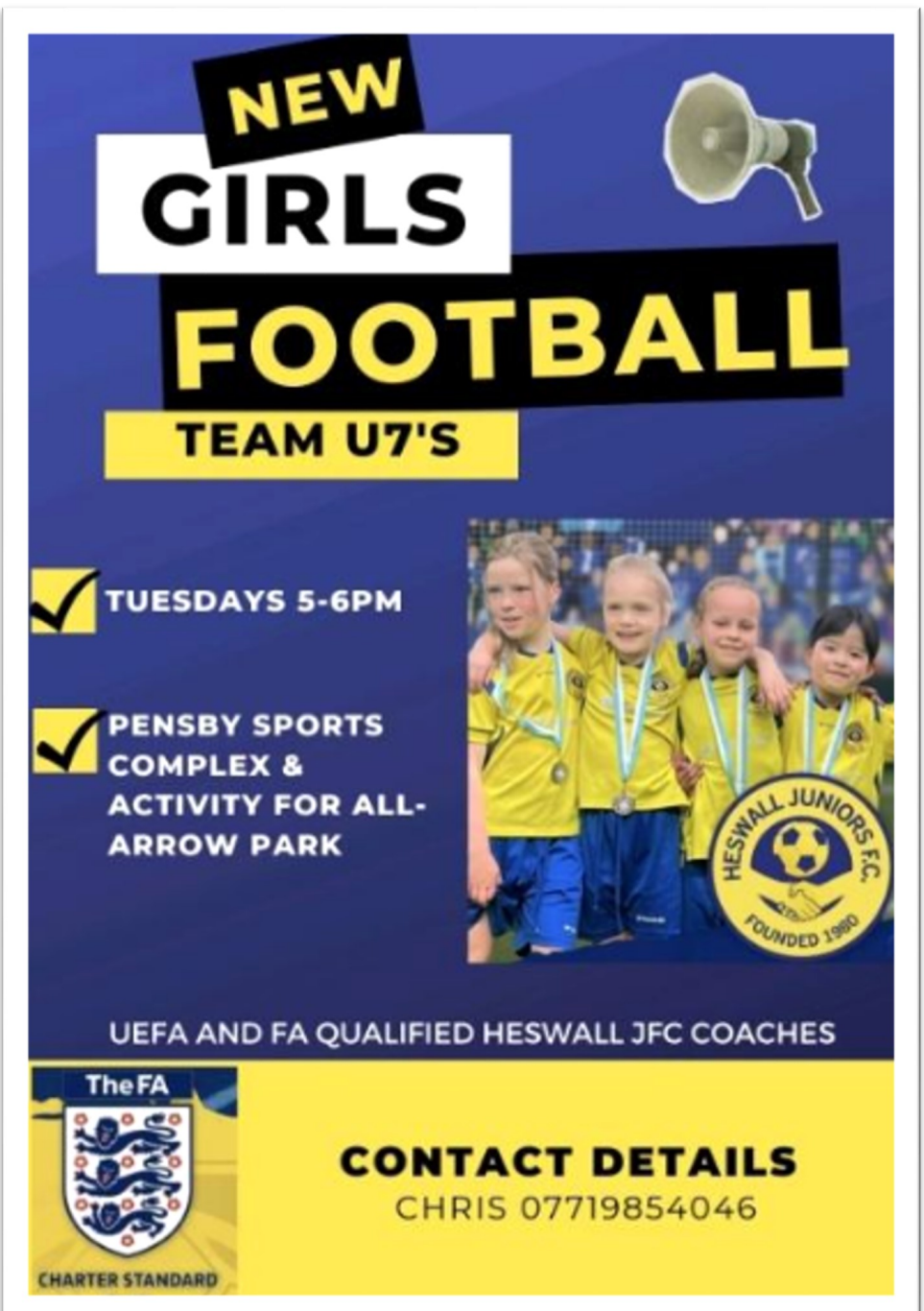
Mental Health Guidance

The Wirral Sandbox website includes lots of useful information for professionals and parents to use when working with children to discuss mental health. [This link](#) will take you to the Mental Health Guidance page where you can find videos, lists or warning signs and links to services that can help.


Mental and emotional health are like a tag team; mental health is your ability to process information and emotional health is the way you express how you feel about that information. Together they help us manage our life experiences.



Sometimes life can give you difficult things to process and this can make you feel sad, lonely, upset, angry, naughty, unable to cope, anxious, or depressed.



This is normal; it is our bodies' way of expressing how we are coping with things which may be stressful or traumatic. Everyone has different life experiences so you cannot compare the way you react to a situation to the way someone else does.




NEW
GIRLS
FOOTBALL
TEAM U7'S



-  **TUESDAYS 5-6PM**
-  **PENSBY SPORTS COMPLEX & ACTIVITY FOR ALL-ARROW PARK**



UEFA AND FA QUALIFIED HESWALL JFC COACHES



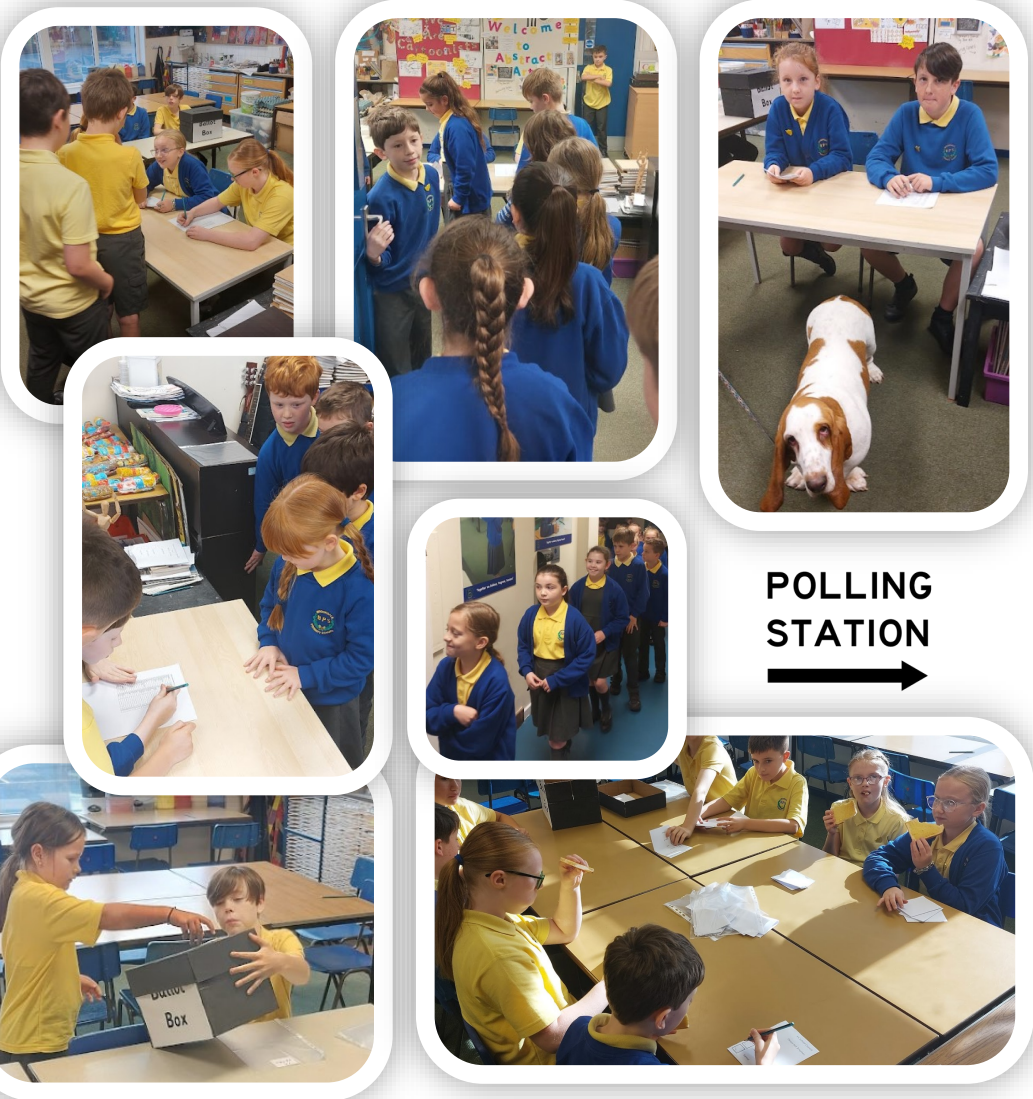
CONTACT DETAILS
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ELECTION WEEK!

It was all excitement on Thursday when Year 6 ran a formal election process to elect our School Council Representatives for this year. Each class held 'local' elections and put forward 4 candidates to the final 'national' (whole school) election. Each class visited the 'polling station' which was staffed by Year 6 Ambassadors and cast their all-important vote on their ballot paper. Even Duncan the school dog played an important role in proceedings! The votes were counted by Year 6 and ratified by independent staff members—names of winning candidates will be announced in our Wow! assembly today (Friday afternoon).



POLLING STATION
→

BROOKDALE BISTRO

Lunchtime Menu for Week Beginning Monday 10th October

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option Pasta bar various pasta sauces served with pasta and toppings with crusty bread and peas.	Hot Option <i>Meatballs & Mash</i> Fresh minced Beef or Quorn meatballs served with mashed potatoes and green beans.	Hot Option <i>Smothered Chicken</i> Choose from a fresh chicken fillet or a Quorn Fillet topped with BBQ sauce and cheese and baked in the oven and served with potato wedges.	Hot Option Roast Turkey Dinner Or Quorn Dinner Or Jacket Potato & Filling Or Deli Option	Hot Option Battered Cod Fillet or Vegetable Nuggets Served with chips, peas, or baked beans. or Jacket Potato & Filling Or Deli Option
Or Jacket Potato & Filling Or Deli Option	Or Jacket Potato & Filling Or Deli Option	Or Jacket Potato & Filling Or Deli Option	Design your own to include wrap, batch or sliced bread filled with your selection from ham, turkey, tuna, egg or cheese plus a choice of salad.	Design your own to include wrap, batch or sliced bread filled with your selection from ham, turkey, tuna, egg or cheese plus a choice of salad.
And	And	And	And	And
Dessert Ice Cream Or Fresh fruit, yogurt, or cheese & crackers	Dessert Jelly & Cream Or Fresh fruit, yogurt, or cheese & crackers	Dessert Jam Sponge and Custard Or Fresh fruit, yogurt, or cheese & crackers	Dessert Muffins Or Fresh fruit, yogurt, or cheese & crackers	Dessert Chocolate cake and chocolate custard Or Fresh fruit, yogurt, or cheese & crackers
And	And	And	And	And
A Drink Apple or orange juice, milkshakes, milk, or water	A Drink Apple or orange juice, milkshakes, milk, or water	A Drink Apple or orange juice, milkshakes, milk, or water	A Drink Apple or orange juice, milkshakes, milk, or water	A Drink Apple or orange juice, milkshakes, milk, or water